

CASCATALONGA
ISOLA LIRI (FR) 30 Novembre 2024
km 10,000

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Pos.	Pos M/W	Cognome	Nome	Cat.	Pos. Cat.	Società	Tempo	Media
1	1	TODISCO	ANDREA	M20-24		APROCIS RUNNERS TEAM	00:31:45	03:10
2	2	PAPOCCIA	DIEGO	M50		ASD ATLETICA FERENTINO	00:33:25	03:20
3	3	DI CICCO	ANTONELLO	M40		POL. ATLETICA CEPRANO	00:33:28	03:20
4	4	DI COCCO	ERRICO	M20-24	1	POL. ATLETICA CEPRANO	00:34:21	03:26
5	5	COLELLA	PIERLUIGI	M20-24	2	ASD ATL.CITTA' DEI PAPI ANAGNI	00:34:52	03:29
6	6	MATTACOLA	GIANNI	M60	1	POL. CIOCIARA ANTONIO FAVA	00:35:57	03:35
7	7	BAGNARIOL	MARCO	M25-29	1	A.S.D. TOP TRAIL	00:36:02	03:36
8	8	DE FILIPPO	FABIO	M35	1	POL. ATLETICA CEPRANO	00:36:05	03:36
9	9	GROSSI	DOMENICO	M35	2	ASD ATLETICA FERENTINO	00:36:22	03:38
10	10	SIMEONE	PAOLO	M35	3	CUS CASSINO	00:36:33	03:39
11	11	IANNACCONE	SIMONE	M40	1	POL. CIOCIARA ANTONIO FAVA	00:36:48	03:40
12	12	DI MARCO	MASSIMO	M45	1	ASD UFENS-AEQUATRIL	00:37:21	03:44
13	13	MORETTI	CLAUDIO	M40	2	POL. ATLETICA CEPRANO	00:37:28	03:44
14	14	SOFIA	ROBERTO	M50	1	POL. CIOCIARA ANTONIO FAVA	00:37:34	03:45
15	15	PILLA	MARCIANO	M55	1	ATLETICA VENAFRO	00:37:36	03:45
16	16	IAFRATE	DANIELE	M35	4	RUNCARD	00:37:50	03:47
17	17	RICOZZI	MARCO	M40	3	POL. CIOCIARA ANTONIO FAVA	00:37:55	03:47
18	18	AGOSTINONE	PAOLO	M50	2	PASSOLOGICO	00:37:56	03:47
19	19	DI CICCO	GIANLUCA	M55	2	POL. CIOCIARA ANTONIO FAVA	00:38:04	03:48
20	20	FRANCHI	SIMONE	M30	1	ASD UFENS-AEQUATRIL	00:38:08	03:48
21	21	CALISSE	ALESSANDRO	M30	2	ASD UFENS-AEQUATRIL	00:38:13	03:49
22	22	RAMOS CALERO	ROLANDO	M45	2	A.S.D. ATLETICA SETINA	00:38:16	03:49
23	23	SIMPATICO	DOMENICO	M45	3	ASD MONDRAGONE IN CORSA	00:38:17	03:49
24	24	CANNIZZARO	OMAR	M40	4	POL. ATLETICA CEPRANO	00:38:27	03:50
25	25	DI RIENZO	FRANCESCO	M20-24	3	RUNCARD	00:38:29	03:50
26	26	SOFIA	RICCARDO	M20-24	4	POL. CIOCIARA ANTONIO FAVA	00:38:32	03:51
27	27	D'OTTAVI	ALESSANDRO	M50	3	POL. CIOCIARA ANTONIO FAVA	00:38:51	03:53
28	28	SACCUCCI	MASSIMILIANO	M50	4	POL. CIOCIARA ANTONIO FAVA	00:39:01	03:54
29	29	FARGIONE	VINCENZO	M60	2	GSBR	00:39:14	03:55
30	30	VONA	GINO	M50	5	A.S.D. LIRI RUNNERS	00:39:14	03:55
31	31	BASILE	ALESSANDRO	M50	6	ASD ATLETICA FERENTINO	00:39:14	03:55
32	32	CASINELLI	DAVIDE	M30	3	RUNCARD	00:39:16	03:55
33	33	CESTRA	DANILO	M35	5	ASD ENDURANCE TRAINING	00:39:16	03:55
34	34	SALE	ANDREA	M40	5	RUNCARD	00:39:23	03:56
35	35	IAFRATE	DAVIDE	M35	6	A.S.D. ATLETICA SORA	00:39:25	03:56
36	36	ARDUINI	VINCENZO	M35	7	TORRICE RUNNERS	00:39:38	03:57
37	37	ROSSINI	MICHELE	M55	3	A.S.D. LIRI RUNNERS	00:39:44	03:58
38	38	CIMAROLI	MATTEO	M30	4	A.S.D. PODISTICA TERRACINA	00:39:54	03:59
39	39	MORETTI	GIUSEPPE	M40	6	POL. CIOCIARA ANTONIO FAVA	00:40:04	04:00
40	40	FERNICOLA	FRANCESCO	M60	3	ASD ATLETICA ABRUZZO L'AQUILA	00:40:11	04:01

41	41	DE SANTIS	DANILO	M45	4	ASD BERRUNNING	00:40:22	04:02
42	42	MIELE	ANGELO	M50	7	A.S.D. JANULA SPORT	00:40:24	04:02
43	43	CUZZI	DANIELE	M30	5	ATLETICA VENAFRO	00:40:31	04:03
44	44	SANSONE	INNOCENZO	M40	7	RUNCARD	00:40:52	04:05
45	45	TEMPESTA	IVAN	M45	5	ASD ATINA TRAIL RUNNING	00:41:17	04:07
46	46	SCURSATONE	MIRKO	M30	6	RUNCARD	00:41:17	04:07
47	47	MARTINEZ	AGUSTIN DANIEL	M35	8	ERNICA VEROLI	00:41:44	04:10
48	48	RICCI	PASQUALE	M40	8	ATLETICA VENAFRO	00:41:45	04:10
49	49	SANTARPIA	ANDREA	M35	9	A.S.D. JANULA SPORT	00:41:46	04:10
50	50	PERNA	RUGGERO	M60	4	ASD ATINA TRAIL RUNNING	00:41:53	04:11
51	51	BUCCI	SIMONE	M30	7	ATLETICA VENAFRO	00:41:58	04:11
52	52	PACIFICI	ALESSANDRO	M50	8	A.S.D. LIRI RUNNERS	00:42:03	04:12
53	53	CECCACCI	SANDRO	M50	9	POL. ATLETICA CEPRANO	00:42:09	04:12
54	54	LUCCHETTI	TOMMASO	M30	8	ATLETICA CECCANO	00:42:12	04:13
55	55	FIGLIOLI	TONY	M35	10	A.S.D. LIRI RUNNERS	00:42:14	04:13
56	56	RICCI	EGIDIO	M40	9	BIANCO MODA SPORT CIAMPINO ASD	00:42:15	04:13
57	57	BABUSCI	LUCA	M50	10	RUNCARD	00:42:24	04:14
58	58	FRAIOLI	MARIO	M60	5	POL. CIOCIARA ANTONIO FAVA	00:42:28	04:14
59	59	DI COSMO	ROCCO	M55	4	POL. CIOCIARA ANTONIO FAVA	00:42:30	04:15
60	1	MACINENTI	FRANCESCA	F50		A.S.D. CENTRO FITNESS MONTELLO	00:42:31	04:15
61	60	QUADRINI	ANDREA	M25-29	2	A.S.D. ATLETICA SORA	00:42:33	04:15
62	61	REALE	SANTINO	M30	9	RUNCARD	00:42:35	04:15
63	62	PISANI	MAURO	M50	11	RUNCARD	00:42:39	04:15
64	63	FIORLETTA	JACOPO	M35	11	RUNCARD	00:42:43	04:16
65	2	LUNGU	LUMINITA	F55		GSBR	00:42:48	04:16
66	64	VENDITTI	REMO	M50	12	A.S.D. LIRI RUNNERS	00:42:50	04:17
67	3	BORNASCHELLA	ANNA	F50		ATLETICA VENAFRO	00:42:53	04:17
68	65	GALLO	RICCARDO	M55	5	APROCIS RUNNERS TEAM	00:43:01	04:18
69	66	IAFRATE	LUCA	M45	6	A.S.D. LIRI RUNNERS	00:43:01	04:18
70	4	FANELLA	SERENA	F30	1	ASD ATLETICA FERENTINO	00:43:13	04:19
71	67	IACOBELLI	ANTONIO	M45	7	A.S.D. CENTRO FITNESS MONTELLO	00:43:14	04:19
72	68	VISMARA	GIANLUCA	M45	8	RUNCARD	00:43:27	04:20
73	69	D'AMICO	ALESSIO	M50	13	ASD BERRUNNING	00:43:31	04:21
74	70	ABBATE	MASSIMILIANO	M30	10	POL. CIOCIARA ANTONIO FAVA	00:43:36	04:21
75	71	FIGLIOLI	EMILIANO	M45	9	POL. ATLETICA CEPRANO	00:43:43	04:22
76	72	SPALVIERI	LEONARDO	M30	11	A.S.D. LIRI RUNNERS	00:43:45	04:22
77	73	DI PALMA	AGOSTINO	M65	1	POL. CIOCIARA ANTONIO FAVA	00:43:58	04:23
78	74	CASTALDI	ALBERTO	M50	14	A.S.D. LIRI RUNNERS	00:43:59	04:23
79	75	BERNARDELLI	DANIELE	M40	10	ASD BERRUNNING	00:44:07	04:24
80	76	PERNA	ANTONIO	M45	10	POL. CIOCIARA ANTONIO FAVA	00:44:11	04:25
81	77	BEVILACQUA	TONI	M45	11	ASD ATL.CITTA' DEI PAPI ANAGNI	00:44:12	04:25
82	78	BRUNI	DANILO	M40	11	POL. ATLETICA CEPRANO	00:44:27	04:26
83	79	SALENTO	VINCENZO	M60	6	POL. ATLETICA CEPRANO	00:44:31	04:27
84	80	CIANGOLA	PATRIZIO	M40	12	ERNICA VEROLI	00:44:38	04:27
85	5	FIORINI	PAOLA	F45	1	ASD ATLETICA FERENTINO	00:44:38	04:27
86	81	RAPONE	ENRICO	M55	6	A.S.D. LIRI RUNNERS	00:44:42	04:28
87	82	DI RIENZO	NEMBO	M55	7	RUNCARD	00:44:43	04:28

88	83	MOSTICONE	GIANLUCA	M55	8	ASD BERRUNNING	00:44:50	04:29
89	84	DEL PRINCIPE	NICOLA	M35	12	POL. CIOCIARA ANTONIO FAVA	00:45:00	04:30
90	85	COTTURONE	ANGELO	M70	1	GS CELANO	00:45:09	04:30
91	86	VIATTI	ROCCO	M55	9	POL. CIOCIARA ANTONIO FAVA	00:45:18	04:31
92	87	FIORINI	FELICE	M65	2	POL. CIOCIARA ANTONIO FAVA	00:45:19	04:31
93	88	DE LELLIS	GIANCARLO	M55	10	POL. ATLETICA CEPRANO	00:45:22	04:32
94	89	POLSINELLI	STEFANO	M70	2	A.S.D. LIRI RUNNERS	00:45:32	04:33
95	90	MARZIALE	FEDERICO	M45	12	A.S.D. LIRI RUNNERS	00:45:55	04:35
96	91	COZZOLINO	ANTONIO	M60	7	POL. CIOCIARA ANTONIO FAVA	00:45:58	04:35
97	92	PARISI	MAGNO ROBERTO	M60	8	POL. CIOCIARA ANTONIO FAVA	00:46:02	04:36
98	6	SALIMEI	ELISABETTA	F50	1	POL. CIOCIARA ANTONIO FAVA	00:46:02	04:36
99	93	BORZACCHINI	EMILIANO	M45	13	A.S.D. FROSINONE SPORT	00:46:08	04:36
100	94	DI CIACCIO	ANTONIO	M65	3	RUNCARD	00:46:10	04:37
101	95	CIANGOLA	EMANUELE	M45	14	ASD ATLETICA FERENTINO	00:46:13	04:37
102	96	D'AMICO	FLAVIANO	M60	9	ERNICA VEROLI	00:46:23	04:38
103	7	PINCHERA	ANTONELLA	F40	1	POL. ATLETICA CEPRANO	00:46:25	04:38
104	97	PATRIZI	FABIO	M50	15	ERNICA VEROLI	00:46:33	04:39
105	98	TOMASSINI	ALESSANDRO	M40	13	ASD BERRUNNING	00:46:36	04:39
106	99	PARENTE	ANDREA	M45	15	POL. ATLETICA CEPRANO	00:46:39	04:39
107	100	VENTURINO	MARIO	M70	3	POL. CIOCIARA ANTONIO FAVA	00:46:42	04:40
108	101	LISI	MAURO	M45	16	ERNICA VEROLI	00:46:42	04:40
109	8	CALLARI	SIMONA	F45	2	POL. CIOCIARA ANTONIO FAVA	00:46:46	04:40
110	102	D'EMILIO	ANTONIO	M50	16	ATLETICA CECCANO	00:47:16	04:43
111	103	LA POSTA	ANTONIO	M50	17	ASD MONDRAGONE IN CORSA	00:47:17	04:43
112	104	SARDELLITTI	CRISTIAN	M45	17	A.S.D. LIRI RUNNERS	00:47:56	04:47
113	105	BARBERA	MARCO	M30	12	ASD BERRUNNING	00:47:58	04:47
114	9	FANTACCIONE	LAURA	F45	3	POL. CIOCIARA ANTONIO FAVA	00:48:02	04:48
115	106	CANCELLI	MASSIMO	M40	14	A.S.D. LIRI RUNNERS	00:48:09	04:48
116	107	RINNA	ADRIANO	M55	11	A.S.D. LIRI RUNNERS	00:48:12	04:49
117	108	FRAIOLI	TERENZIO	M55	12	POL. CIOCIARA ANTONIO FAVA	00:48:19	04:49
118	109	GIOVANNONE	RICCARDO	M30	13	RUNCARD	00:48:45	04:52
119	110	CRESCENZI	ANDREA	M45	18	ATLETICA CECCANO	00:48:47	04:52
120	10	RICOZZI	MARIA PAOLA	F35	1	POL. CIOCIARA ANTONIO FAVA	00:48:52	04:53
121	11	ANTONUCCI	TIZIANA	F30	2	ATLETICA CECCANO	00:48:54	04:53
122	111	ALONZI	PAOLO	M55	13	ATLETICA ARCE	00:48:56	04:53
123	112	GENOVESE	ANDREA	M60	10	G.S. CAT SPORT ROMA	00:49:06	04:54
124	113	VENAFRO	MARCO	M50	18	A.S.D. LIRI RUNNERS	00:49:16	04:55
125	114	SIMONCELLI	FRANCESCO	M35	13	RUNCARD	00:49:19	04:55
126	12	CARACCI	GRAZIELLA	F45	4	CASTRO RUNNING	00:49:20	04:56
127	115	D'AMORE	JOSE' STEFANO	M45	19	A.S.D. LIRI RUNNERS	00:49:21	04:56
128	116	PETICCA	FABIO	M55	14	A.S.D. LIRI RUNNERS	00:49:22	04:56
129	117	VITALE	STEFANO	M45	20	A.S.D. LIRI RUNNERS	00:49:22	04:56
130	118	PELLE	MICHELE	M50	19	ASD USA SPORTING CLUB AVEZZANO	00:49:26	04:56
131	119	RAPONI	PIERLUIGI	M50	20	A.S.D. LIRI RUNNERS	00:49:29	04:56
132	120	VARRICCHIONE	ANTONIO	M65	4	ASD POLISPORTIVA BELLONA	00:49:30	04:57
133	13	PLACIDO	RAFFAELLA	F35	2	ASD BERRUNNING	00:49:30	04:57
134	14	GURGONE	STEFANIA	F55	1	POL. CIOCIARA ANTONIO FAVA	00:49:40	04:58

135	15	MONTI	FRANCESCA	F35	3	POL. CIOCIARA ANTONIO FAVA	00:49:59	04:59
136	121	POMPONIO	PIETRO	M65	5	POL. CIOCIARA ANTONIO FAVA	00:50:17	05:01
137	16	MOSCATO	FILOMENA	F55	2	STILE LIBERO ONLUS	00:50:20	05:02
138	122	FERRARI	FRANCESCO	M45	21	A.S.D. LIRI RUNNERS	00:50:33	05:03
139	17	MIELE	GAIA	F20-24	1	APROCIS RUNNERS TEAM	00:50:35	05:03
140	123	GHEZZI	ROBERTO	M35	14	DUE PONTI SRL	00:50:40	05:04
141	124	CAPERNA	DAMIANO	M45	22	ASD CROSS TRAINING SORA	00:50:47	05:04
142	125	DI CARLO	RICCARDO	M50	21	POL. CIOCIARA ANTONIO FAVA	00:50:52	05:05
143	126	MELEO	TOMMASO	M60	11	POL. CIOCIARA ANTONIO FAVA	00:51:06	05:06
144	127	COLIZZA	GIANLUCA	M50	22	G.S. AVEZZANO	00:51:12	05:07
145	18	GEMMITI	VALENTINA	F40	2	ASD BERRUNNING	00:51:17	05:07
146	128	DI MUCCIO	DOMENICO	M50	23	ATLETICA VENAFRO	00:51:44	05:10
147	19	LA ROCCA	FRANCA	F45	5	ATLETICA VENAFRO	00:51:44	05:10
148	129	TERZINI	PIERFRANCESCO	M40	15	ERNICA VEROLI	00:52:03	05:12
149	130	ROCCA	EMANUELE	M50	24	ASD ATINA TRAIL RUNNING	00:52:05	05:12
150	20	MANCINI	ANNA PIA	F55	3	ASD OLIMPIA LAZIO	00:52:09	05:12
151	131	BONAVENIA	FRANCO	M60	12	RUNCARD	00:52:24	05:14
152	21	POLSINELLI	ANNA FELICITA	F60	1	POL. CIOCIARA ANTONIO FAVA	00:52:52	05:17
153	132	PALLAGROSI	ALIGHIERO	M40	16	A.S.D. LIRI RUNNERS	00:53:02	05:18
154	133	SERA	GIANMARCO	M50	25	ATLETICA ARCE	00:53:05	05:18
155	22	MARCUCCILLI	NICOLETTA	F40	3	ATLETICA ARCE	00:53:06	05:18
156	134	PANACCIONE	VALENTINO	M70	4	POL. CIOCIARA ANTONIO FAVA	00:53:10	05:19
157	135	CICCOLELLA	LUIGI	M65	6	POLIGOLFO	00:53:44	05:22
158	23	DI STEFANO	VALENTINA	F40	4	A.S.D. LIRI RUNNERS	00:54:15	05:25
159	24	DI COCCO	ALESSIA	F45	6	RUNCARD	00:54:22	05:26
160	25	ABEL AZIZ	ZENA ANNA	F40	5	A.S.D. LIRI RUNNERS	00:54:39	05:27
161	136	NOBILI	BENITO	M45	23	TORRICE RUNNERS	00:54:44	05:28
162	26	PORRETTA	SIMONA	F40	6	RUNCARD	00:54:45	05:28
163	137	VENDITTI	GIANPAOLO	M45	24	RUNCARD	00:55:10	05:31
164	138	TERRACCIANO	MASSIMILIANO	M50	26	ATLETICA VENAFRO	00:55:29	05:32
165	139	SETTEVENDEMMIE	GAETANO	M70	5	PODISTICA LUCO DEI MARSÌ	00:55:29	05:32
166	27	FATTORE	MARIA SOFIA	F60	2	ASD POLISPORTIVA BELLONA	00:55:30	05:33
167	140	BOVE	ALESSANDRO	M40	17	POL. CIOCIARA ANTONIO FAVA	00:57:07	05:42
168	141	MORICONI	FAUSTINO	M60	13	TORRICE RUNNERS	00:57:19	05:43
169	142	VELLONE	STEFANIA	M45	25	ASD MONDRAGONE IN CORSA	00:57:39	05:45
170	143	ANGELETTI	INDALEZIO	M60	14	IL CORRIDORE RUNNING CLUB ASD	00:58:03	05:48
171	28	MARTINI	ILARIA	F25-29	1	POL. CIOCIARA ANTONIO FAVA	00:58:04	05:48
172	29	BIANCHI	DANIELA	F40	7	ASD BERRUNNING	00:58:05	05:48
173	144	LAURO	SALVATORE	M65	7	DUE PONTI SRL	00:58:55	05:53
174	30	MARCELLI	CLAUDIA	F35	4	RUNCARD	00:59:28	05:56
175	145	PERNA	MARCO	M30	14	A.S.D. LIRI RUNNERS	00:59:29	05:56
176	31	PANTANO	ANTONELLA	F35	5	A.S.D. LIRI RUNNERS	00:59:29	05:56
177	146	SARDELLITTI	MARCO	M40	18	A.S.D. LIRI RUNNERS	00:59:31	05:57
178	147	BELLINO	ALBERTO	M60	15	A.S.D. LIRI RUNNERS	00:59:31	05:57
179	32	MARCELLI	SIMONA	F35	6	RUNCARD	00:59:31	05:57
180	148	MASSARONI	MATTIA	M30	15	RUNCARD	00:59:32	05:57
181	33	PALUMBO	MARIA	F55	4	CUS CASSINO	00:59:32	05:57

182	149	ABBATECOLA	FABIO	M50	27	POL. CIOCIARA ANTONIO FAVA	01:00:30	06:03
183	34	TROMBETTA	LUDOVICA	F30	3	ASD BERRUNNING	01:00:48	06:04
184	35	ALONZI	ROBERTA	F30	4	ASD BERRUNNING	01:01:36	06:09
185	150	PARRAVANO	LORETO	M60	16	A.S.D. LIRI RUNNERS	01:02:34	06:15
186	151	FIORLETTA	MEMMO	M50	28	A.S.D. LIRI RUNNERS	01:02:34	06:15
187	152	SUBRANI	FRANCESCO	M70	6	G.S. AVEZZANO	01:03:01	06:18